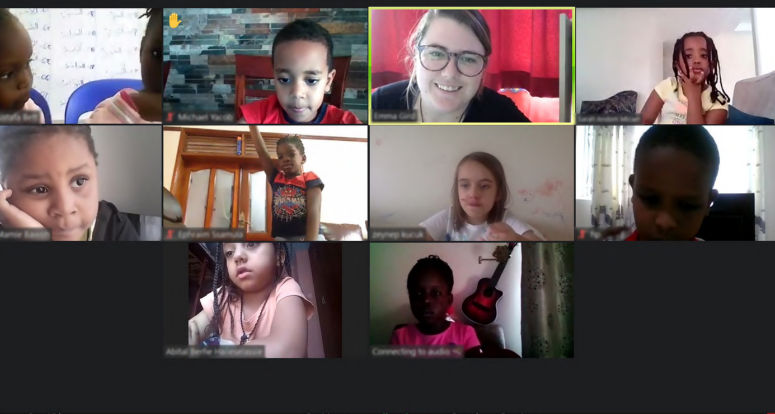


FRIDAY ANNOUNCEMENT

ISSUE 01 • 20 AUGUST 2021 • 2020/2021



Week 1! Recount

BY ASIMA GABRIELLA OPOLOT

Hello my name is Asima Gabriella Opolot Year 5A, I am excited to be in a new class and to finally see all my friends virtually after the summer holiday.

Honestly, I would rather attend class physically, but I also have to accept the current situation of the coronavirus where health and safety comes first for both teachers and students. I am able to complete and submit my tasks easily on Firefly and I enjoy it! Sometimes I assist my sister and brother, but soon they will learn by themselves. My brother is finding it hard because he just joined primary and having new subjects.

I'm hoping we can get back to school and meet our new teachers. I pray that everyone is safe and is ok at home While studying online.



Collection of Resources

BY MR. BIGIRWA

We have started to issue educational resources to our students. Starting this Friday, 20 August 2021, parents can collect stationary from school right from 8:30 am to 5:00 pm weekdays and from 9:00 am to 3:00 pm on Saturday. We shall communicate again when to pick the course books.

Thank you for your patience.



Featured Students



Laurine

Congratulations to our GISU Alumni, Michelle and Laurine, who have both been accepted into University of Toronto!

We wish them all the best in this new Academic Journey!
#GISUExcellence #GlobalCitizens



Michelle

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Tips for Online Education

BY MR. TUGUME

The best way to start the day for online class is to make sure;

- Your gadget is charged
- Sign into your email account
- Sign into your zoom account
- Sign into your firefly account

On the other hand:

1) Communicate with teachers:

When students build a relationship with their teacher or instructor, they have the opportunity to ask for help and provide meaningful feedback to the instructor. According to an Online Learning Journal article, "online learners want instructors who support, listen to, and communicate with them."² Don't fear raising a virtual hand!

2) Engage with Classmates:

Staring into a camera or at a Zoom screen instead of sitting next to classmates does not feel the same. However, peer-to-peer engagement remains important in online classrooms. Working alone can lead to social isolation. It is important to check in with fellow students and spend time sharing personal news. Consider setting up online study groups outside of class or a group chat with friends.

3) Stay Focused During Class:

During this time of unwelcomed change, people may feel more distracted and less focused on learning. If the mind wanders, students miss essential content."⁴ If students understand that distractions can lead to negative learning outcomes, they have an opportunity to increase their attentiveness by following a schedule with well-timed breaks. Students might also consider extension browsers to block distracting content or leaving their phones in another room.

4) Set Clear Goals:

Students may feel overwhelmed by online learning. It is vital to set clear goals to stay motivated. It is recommended that students "take major assignments and break them into manageable pieces you can address step by step.

5) Practice Using Technology:

Learners of all ages can struggle when they need to use a new tool or software for the first time. If a course requires the use of a new software or technology, spend time using the tool to practice on a low-stakes assignment or a personal task with fewer learning consequences. Remember, asking for help is normal!

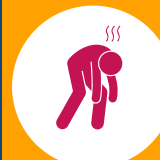
6) Avoid Fatigue and Burn Out:

Zoom fatigue is real; the term describes "the tiredness, anxiety, or worry resulting from overusing virtual platforms."⁷ If students feel tired, overwhelmed, or anxious, taking a break can improve focus and task completion.

7) Reward Yourself:

Rewards can help students maintain motivation and morale. When students are extrinsically motivated, they might engage in an activity to attain a reward, avoid a punishment, or achieve a valued outcome.

Source: <https://poorvucenter.yale.edu/7-Tips-for-Online-Learning>



Well-Being

BY MR. GODFREY

Dear GISU Families,

Welcome back to the 2021-2022 school year! While it's not what we expected, we are all on this journey together. We condole with families that have lost their loved ones during this summer break. Congratulations to our Candidates, you all did well and keep getting better at what you do.

It is an exciting time for us all to grow academically, emotionally, physically, socially and intellectually. We are reaching out to share how we can support you even at home.

Kindly contact us for any concern arising, however some concerns may be more directly related to our role for example;

- The student is experiencing any social/emotional distress during the online classes.
- There is a significant change in behaviour that indicates the need for external support.
- The student has an unresolved academic concern.

Both parents and students can access the school counsellor through email and phone calls. As we support our students through this online learning let's also ensure that the following are put into consideration;

- Ensure that the student has a learning space that's conducive for learning.
- Encourage the student to check their emails and also accomplish their assignments.
- Be vigilant on the nature of websites the students are having access to.
- Ask your student to read, then re-read all directions regarding assignments.
- Check to make sure your student reviews work prior to turning it in!
- Encourage the student to have at least an hour of physical activity daily.

We look forward to having a successful academic year 2021-2022. Please don't hesitate to reach out if you have any questions or concerns.

schoolcounsellor@gisu.ac.ug
0788042728/ 0758485557



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WORLD HUMANITARIAN DAY

World Humanitarian Day

Each year, WHD focuses on a theme, bringing together partners from across the humanitarian system to advocate for the survival, well-being and dignity of people affected by crises, and for the safety and security of aid workers.

The United Nations declared August 19 as the World Humanitarian Day to honour all those who chose a difficult life to serve, despite the odds, those who are trapped in challenging circumstances around the globe.

In the second year of the pandemic and the threat from climate change, the UN has themed this year's Humanitarian Day around the human race.

As the UN urged the social media users to run, ride, swim and walk for 100 minutes between 16 August and 31 August to show solidarity with vulnerable people we also urge our GISU community to do the same.

You can download the "Strava" app to record your race. More information can be found below

<https://www.worldhumanitarianaday.org/front>



New Parent's Orientation



BY MR. BAGUMA

Dear New Parent

The GISU family is happy and proud that you are now a part of us. We thank you for choosing to join us and we promise to make your stay with us worthwhile. The school management has organised a new parents orientation ceremony which will take place on Saturday 28th August on ZOOM starting at 10 AM - EAT.

We are excited about this opportunity to share with you our programs and expectations which we strongly believe will enable you to understand how best to work with us for the full support of your child.

We shall have a joint session using the link below and later breakout into various sections for more particular discussions..
<https://us06web.zoom.us/j/92374740203>

We request that you confirm your attendance in advance by contacting any of your section coordinators for appropriate planning.

We thank you for your continued support and look forward to a fruitful academic year 2021/2022.

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Secondary School Parent - Homeroom teacher meetings

BY MR. BAGUMA

Dear Parent,

We strongly believe that you have particular expectations and beliefs regarding your child's progress in their new class.

We therefore request that you make an appointment to share these expectations with your child's homeroom teacher who is solely responsible for ensuring your child's all-round wellbeing in the school.

Your discussion will go a great way in forming the basis upon which the child can be mentored, guided and supported in school by the homeroom teacher.

The homeroom teachers can be contacted by email using addresses shared out in the previous week's edition.

These parent - homeroom teacher sessions will be conducted on ZOOM at the agreed appointment time.

These meetings are scheduled to run for the first 2 week of the term and will end on Friday 27th August 2021.

Technical Support

We urge families who may have technical difficulties accessing the online education to contact the following personnel.

David Tugume: Head of IT:

d.tugume@gisu.ac.ug |+256775388197

Halil Ibrahim: IT Technician:

t.halil@gisu.ac.ug |+256786288671

If you live close to school, feel free to make an appointment with David or Halil to have your issue fixed physically.



Independence day - Cyprus 16, Gabon 17 Indonesia 17, Afghanistan 18

Galaxy International school Uganda would like to wish families and friends from Cyprus, Gabon, Afghanistan and Indonesia happy independence day celebrations.



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